

A Beginner's Guide to ITC (Instrumental Transcommunication)

Instrumental Transcommunication (ITC) is a fascinating method used to communicate with spirits or entities through electronic devices. This guide introduces the basics of ITC, the tools used, and techniques for beginners to explore this method responsibly.

1. What is ITC?

ITC refers to using technology like radios, apps, and recording devices to facilitate communication with the spiritual realm. The practice dates back to experiments in the 20th century using tape recorders and radios.

2. Common ITC Tools

- Spirit Boxes: Devices that rapidly scan radio frequencies to capture words or sounds.
- Digital Voice Recorders: Used for capturing Electronic Voice Phenomena (EVP).
- ITC Apps: Smartphone apps like Necrophonic or ParaTek designed for spirit communication.
- Video Cameras: Capture visual anomalies or signs during sessions.



3. Techniques for ITC Sessions

- Preparation: Create a quiet and focused environment. Set an intention, such as asking specific questions.
- Using ITC Tools: Turn on your chosen device and allow time for responses. Avoid leading questions to ensure authentic results.
- Documenting Results: Record sessions and review the audio/visual data for potential messages.



4. Best Practices

- Ethical Considerations: Respect entities and avoid provocation. Be cautious when sharing results to maintain credibility.
- Safety Tips: Avoid sessions if you feel uneasy or unprepared. Close sessions properly to maintain a safe environment.

