



The Basics of EVP

Explore the fundamentals of Electronic Voice Phenomena (EVP), including how to capture and interpret spirit voices effectively.

What is EVP?

Electronic Voice Phenomena (EVP) are unexplained sounds or voices captured on recording devices. Paranormal investigators believe these voices may be spirits trying to communicate with the living.

Tools for Capturing EVP:

1. Digital Recorder: A high-quality recorder is crucial for capturing clear audio.
2. Microphones: External microphones can enhance audio clarity.
3. Noise-Cancelling Headphones: Use these to review recordings in real-time or post-investigation.

How to Conduct an EVP Session:

1. Choose a quiet location to minimize background noise.
2. Start by introducing yourself and stating your intention to communicate.
3. Ask clear, simple questions and leave pauses for responses.

4. Review the recording thoroughly for any anomalies or voices.

Interpreting Results:

When reviewing your recordings, listen for voices, whispers, or unexplained sounds. It's important to rule out natural causes before attributing them to paranormal activity.